



## MIDDLETHORPE SPA CLUB ROOM MENU

(available 12 Noon – 2.30 p.m.)

### SNACKS:

<b>Freshly prepared Soup</b> , (V) (G, D, CE, E) .....	£11.50
<b>Battered East-coast Cod</b> , triple cooked chips, tartare sauce, lemon (G, D, E, F) .....	£24.50
<b>Risotto</b> , fresh bread, fennel and radish salad (G, N, D) .....	£17.50
<b>Terrine</b> , herb salad, tomato and onion chutney, toasted brioche (G, E, D, SD) .....	£13.00
<b>Smoked Salmon Plate</b> , horseradish cream, herb salad (G, D, F, SD, CE) .....	£16.50
<b>Home-made Pork, Chorizo and Apple Sausage Roll</b> , brown sauce, watercress salad (D, G, SD, E) .....	£13.00

### SANDWICHES:

<b>Smoked Salmon and Prawn</b> , lemon crème fraîche, baby gem (F, D, G, C) .....	£13.00
<b>Free-Range Egg Mayonnaise</b> , sun-blushed tomato, watercress (V) (G, E, D) .....	£9.50
<b>Yorkshire Honey Roast Ham</b> , mature cheddar, piccalilli (G, D, SD, CE) .....	£10.50
<b>Sliced Sirloin of Waterford Beef</b> , horseradish cream, rocket (G, D, MU, E) .....	£12.00
<b>Bread Selection</b> : white bloomer, brown bloomer, ciabatta, sourdough (G, D, N, E)	

### SALADS:

<b>Tomato and Mozzarella Salad</b> , olive oil, rocket, basil, balsamic (D, SD, G, MU) .....	£14.50
<b>Serrano Ham and Cantaloupe Melon</b> , garden herb salad (G, D, SD, MU) .....	£14.50
<b>Smoked Salmon and North Atlantic Prawn Salad</b> , compressed cucumber, dill, horseradish (G, D, F, C, SD, MU) .....	£16.50

### SIDE ORDERS:

<b>Triple-cooked Chips</b> .....	£6.50
<b>Creamed Potatoes</b> (D) .....	£6.50
<b>Selection of Seasonal Vegetables</b> (D) .....	£6.50
<b>Garden Salad</b> (SD) .....	£5.50

### PUDDINGS:

<b>Chocolate Brownie</b> , hazelnut, caramel, espresso ganache (G, D, E) .....	£9.50
<b>Lemon Curd Tart</b> , raspberry, white chocolate, mint (G, D, E) .....	£12.00
<b>Eton Mess</b> , Chantilly cream, summer fruit (D, E) .....	£11.00
<b>Selection of British Cheese</b> , tomato chutney, grapes, celery (G, D, E, CE, SE) .....	£16.50
<b>Selection of Home-made Ice-creams</b> (G, D, E) and Sorbets .....	£9.00

*Ice-creams: Chocolate Orange, Coffee & Tia Maria, Rum & Raisin, Cinnamon, Lemon Curd  
Vanilla & Honeycomb*

*Sorbets: Blackberry, Mango, Raspberry, Strawberry*



## BAR TARIFF

<b>Frobishers Pressed Fruit Juices (250ml)</b> .....	£5.50
Apple, Cranberry, Orange, Mango	
<b>Heartsease Sparkling Pressé (330ml)</b> .....	£5.00
Wild Elderflower, Apple and Rhubarb, Raspberry and Lemonade, Traditional Lemonade	
<b>Coca-Cola, Coke Zero (330ml)</b> .....	£3.75
<b>Peroni Nastro Azzurro (330ml) 5.1%</b> .....	£6.25
<b>Peroni Nastro Azzurro, Alcohol Free (330ml) 0.0%</b> .....	£5.50
<b>Peroni Nastro Azzurro, Gluten Free (330ml) 5.1%</b> .....	£5.50
<b>Scarborough Fair, Wold Top Brewery, IPA (500ml) (Gluten Free) 6.0%</b> .....	£7.00
<b>Old Mout Cider (500ml) 4.0%</b> .....	£6.50
<b>Prosecco, La Comtesse, Italy (200ml)</b> .....	£9.50
<b>Sauvignon Blanc, Jack Rabbit Estate, Chile (187ml)</b> .....	£8.00
<b>Malbec, Trivento, Argentina (187ml)</b> .....	£8.00
<b>Rosé, Vinca, Italy (187ml)</b> .....	£8.00
<b>Harrogate Mineral Water, Still or Sparkling (330ml)</b> .....	£3.50
<b>Harrogate Mineral Water, Still or Sparkling (750ml)</b> .....	£6.00
<b>Tea, Coffee, Espresso, Cappuccino, Latte, Chococino</b> .....	£4.00

## TEA SELECTION

<i>English Breakfast</i>	<i>Darjeeling</i>	<i>Earl Grey</i>
<i>Oolong/Lapsang Souchong</i>	<i>Green Tea</i>	<i>Rooibos – Sweet Orange</i>
<i>Cool Mint</i>	<i>Jasmine Dawn</i>	<i>Vanilla Chai</i>
<i>Chamomile</i>	<i>White Tea</i>	<i>Berrylicious</i>

*A discretionary 12.5% service charge will be added to your final account.*



### ALLERGENS AND SPECIAL DIETS:

If a guest has a food allergy or intolerance, we request that they consult a member of staff before deciding what to eat and placing an order, on every occasion, whilst in the Spa. Whilst we are committed to informing our guests accurately of any allergenic contents in the dishes served here, and also to complying with specific dietary requests, there remains a risk, albeit small, that traces from other dishes may be present in food served here, or on surfaces.

### ALLERGENS KEY

(G) contains Gluten	(CE) contains Celery	(E) contains Egg	(L) contains Lupin
(D) contains Dairy	(N) contains Nuts	(S) contains Soya	(M) contains Molluscs
(P) contains Peanuts	(F) contains Fish	(MU) contains Mustard	
(SE) contains Sesame	(SD) contains Sulphites	(C) contains Crustaceans	