

# BODYSGALLEN HALL & SPA

*Head Chef: Abdalla El Shershaby*

*Restaurant Manager: Daniela Roberts*

## SAMPLE SATURDAY & SUNDAY LUNCHEON MENU DECEMBER 2025

*Roasted pumpkin soup, curry spice and crème fraiche (V)*

*Pressing of game, ham hock croquette, Bodysgallen tomato relish (E,SD,G,D)*

*Parma ham, celeriac slaw, baby watercress, wild garlic mayonnaise (SD,E)*

*Smoked salmon, watercress salad, saffron mayonnaise (E,F,SD)*

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*Traditional roast turkey, with seasonal accompaniments,  
chestnut and black pudding seasoning (D,SD,CE,E,G,N)*

*Fillet of salmon, new potatoes, seasonal vegetables, roasted butternut squash,  
tomato butter sauce (F,D,SD,CE)*

*Roasted ribeye of Welsh beef, Yorkshire pudding, seasonal vegetables, Madeira sauce  
(MU,D,E,G,SD)*

*Barbecued aubergine, tomato fondue, salsify,  
caramelised carrot and onion, cheese fritter (D,SD,E,G)*

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*Passion fruit panna cotta, blackcurrant sorbet, Bodysgallen berries (D,E,G)*

*Traditional Christmas pudding with brandy sauce (D,N,E,G)*

*A changing selection of most delicious and unusual ice creams and sorbets (D,E,N,SD,P)*

*A selection of British cheese with grapes and chutney (CE,D,SD,G,N,SE)*

**Two course Luncheon £27.50 per person - Three Course Luncheon - £39.50 per person**

Cafetière coffee, Cappuccino or Espresso and mince pie - £5.85 per person

Vegetables are carefully chosen to accompany each dish, or additional vegetables are available on request.

### Allergen key

(G) Contains gluten

(MU) Contains mustard

(M) Contains molluscs

(CE) Contains celery

(C) Contains crustaceans

(F) Contains fish

(SD) Contains sulphites

(L) Lupin

(N) Contains nuts

(E) Contains eggs

(S) Contains soya

(P) Contains peanut

(D) Contains dairy

(SE) Contains sesame

### ALLERGENS AND SPECIAL DIETS

If a guest has a food allergy or intolerance, we request that they consult a member of staff before deciding what to eat and placing an order, on every occasion, whilst in the hotel. Whilst we are committed to informing our guests accurately of any allergenic contents in the dishes served here, and also to complying with specific dietary requests, there remains a risk, albeit small, that traces from other dishes may be present in food served here, or on surfaces.

*A discretionary 12.5% service charge will be added to all restaurant and bar invoices*