

Hotel of the Year & Restaurant of the Year Middlethorpe Hall & Spa – York's Finest

Once again, Middlethorpe Hall & Spa has achieved recognition as York's finest at the 2013 Visit York Tourism Awards. The hotel won two much sought after awards; 'Hotel of the Year' and 'Restaurant of the Year'.

York is rich in 18th century houses of superlative quality, not least Middlethorpe Hall & Spa which was built for Thomas Barlow c.1699-1701. Today the 29 bedroom hotel showcases decoration in the manner of the 18th Century and is furnished with antiques and fine paintings whilst also looking out on 20 acres of stunning manicured gardens and parkland. York has become one of the UK's leading destinations and this win confirms that visitors to York will enjoy a memorable, unique and award winning experience at this beautiful property.



Dining at Middlethorpe Hall is an experience in itself and head chef Nicholas Evans has created a selection of traditional British menus that have seen the restaurant receive 2 AA Rosettes. Nicholas creates imaginative menus using fresh local produce and produce from the gardens at Middlethorpe. Why not spend some time celebrating the new 'Restaurant of the Year' with the head chef and his team on the following dates?

Wednesday 12th June - Cookery Demonstration by head chef Nick Evans Thursday 20th June - Royal Horticultural Society – Garden Tour and Luncheon – From Herbs to Desserts Friday 28th June - Can Champagne be bettered? - Nyetimber Dinner Friday 19th July - Grande Crûs Champagne and Vintage Wines Dinner, Featuring Krug 'Grande Cuvée', Dom Perignon and Pol Roger 'Cuvée Winston Churchill' Thursday 1st August - Yorkshire Day – Barbeque at Middlethorpe Hall Sunday 18th August - Summer Recital and Afternoon Tea - A celebration of Benjamin Britten Thursday 12th September - Cookery Demonstration by Head Chef Nick Evans Thursday 26th September - Celebrating British Food At Its Best The Spa at Middlethorpe Hall which has been built behind the façade of a pair of listed Grade II Edwardian cottages is the ideal place to recharge. Facilities include a heated indoor pool, a steam room, sauna and a whirlpool bath. Using a selection of leading spa brands, therapists offer treatments for women and men in the three spa treatment rooms. For those seeking a matchless spa treatment inspired by the gardens at Middlethorpe Hall a unique **Orange Blossom Garden Ritual** has been created. This treatment was designed by Decléor specialists after a walk in the award-winning gardens. The ritual begins with a back massage, which allows your therapist to ease any muscular tension. Using a powerful elixir of orange blossom, the face is revived and a youthful glow restored. Whilst the intense firming mask is taking effect, your therapist will continue to massage the legs, hands, feet and scalp. This treatment is priced £74 for 85 minutes. A gymnasium is also available.

Celebrate York at its best at the award winning Middlethorpe Hall.

www.middlethorpe.com

Middlethorpe Hall, York, Yorkshire, YO23 2GB, Tel: +44 (1904) 641241 Accommodation & Breakfast priced £199.00 per room inclusive of VAT based on two sharing and includes use of Health Club facilities

Media enquiries: Peter da Silva <u>peter@boutiquedasilva.com</u> or Ian Scott <u>ian@iscott.co.uk</u> 020 7735 9958 / 07727 084 058