



 National Trust

Middlethorpe Spa

Middlethorpe Health & Beauty Spa sits within 20 acres of secluded, manicured gardens and parkland and only minutes from the centre of historic York. It provides a haven to retreat from the pressures of life, where people can take time to indulge, relax or shape-up.

CHILDREN

As Middlethorpe Spa is dedicated to calm and relaxation, please note that children of resident guests and of Spa members are only welcomed at specific times.

OPENING TIMES

Monday to Friday 7.30 am - 8.00 pm
Saturday and Sunday (and Bank Holidays) 8.00 am - 7.00 pm
Restricted opening hours on Christmas Day, Boxing Day and New Year's Day.

PARKING

Ample free parking is available to members and day visitors.

Every membership benefits
the National Trust



Middlethorpe Spa

Bishopthorpe Road, York YO23 2GB

Tel: 01904 661317

Email: spa@middlethorpe.com

www.middlethorpe.com/luxury-spa

FEEL BETTER
LOOK BETTER

Join Middlethorpe Spa...
If you want to be healthier, slimmer
and with enhanced well-being.

See
inside for
membership
benefits



Middlethorpe Spa Club Membership

Membership of the Spa, which is one of the finest in Yorkshire, offers full use of the facilities, which include a large indoor swimming pool, spa bath, steam room, sauna and gymnasium as well as three beauty salons with qualified therapists and a club room where refreshments are served. It also entitles members to a discount on many social events associated with Middlethorpe Hall hotel and restaurant.

Membership Tariff	Annual Membership paid monthly	Annual Membership paid in full when joining	Monthly Membership
Individual Membership			
Full Membership	£76	£869	£87
Midweek Membership	£61	£697	£70
Joint Membership			
Full Membership	£138	£1,580	£153
Midweek Membership	£111	£1,267	£127

Middlethorpe Spa members also receive:

- 15% Discount on the Club Room snack menu and bar tariff;
- 15% Discount on all Beauty Treatments at Middlethorpe Spa;
 - Free weekly Aqua Fit sessions;
 - Free services of a Personal Fitness Instructor;
- 15% Discount on your restaurant bill at Middlethorpe Hall from Sunday to Thursday on pre-booked luncheon, afternoon tea and dinner (except race days, bank holidays and subject to availability);
- Preferential booking for regular cultural events at Middlethorpe Hall & Spa, such as wine tasting, gala dinners, lectures, concerts, etc.

Choosing or renewing an annual membership also entitles members to the following benefits:

- A complimentary 1 night Bed & Breakfast stay in a double-bedded room at Middlethorpe Hall per membership or joint membership, (Sunday to Thursday, subject to availability), value £199;
- A complimentary Bed & Breakfast on any one stay of 2 nights or more at Bodysgallen Hall & Spa or Hartwell House & Spa (subject to availability), value up to £300;
 - Receive a free luncheon in Middlethorpe Hall when two or more are dining, value £24;
- On your first purchase of any Decléor, Neom Luxury Organics and Jessica products, you will receive a second product at a discount of 25%;
- A £30 voucher towards treatments of your choice at Middlethorpe Spa (Monday to Thursday);
 - Two guest vouchers, value £30.

Benefits, worth up to £583

(These benefits may change in subsequent years).



DECLÉOR