# THE TEA SELECTION AT MIDDLETHORPE HALL & SPA

#### **English Breakfast**

Classic combination of rich, malty Indian Assam with Sri Lankan and Kenyan black teas for bright character and wonderful depth of flavour.

### **Earl Grey**

A delicate blend of Sri Lankan tea leaves, infused with natural bergamot oil and combined with zesty lemon peel and sweet-scented orange blossom. Excellent served with lemon.

## Darjeeling

Elegant Darjeeling from the foothills of the Himalayas is blended with the finest Sri Lankan and Chinese black teas, yielding a beautifully refreshing liquor of delicate complexity. Sip and savour with/without milk or a slice of lemon.

## **Rooibos – Sweet Orange**

Golden, naturally caffeine-free rooibos from South Africa, bursting with lively, zesty natural citrus flavours and a playful hint of sweet, juicy strawberry. A sip of sunshine, guaranteed to put a spring in your step - Rooibos (73%), Apple Pieces, Orange Peel (7%) Rosehip, Hibiscus

#### **Berrylicious - Herbal Infusion**

Bursting with luscious berries, this vibrant infusion builds to a fruity crescendo, before giving way to the rich, caramelised notes of roasted dandelion root - Apple Pieces, Rosehips, Hibiscus, Roasted Dandelion Root, Freeze-dried Raspberry and Strawberry, Natural Flavouring.

## White Tea

A beautiful Chinese white tea, elegantly blended with flowers and fruit pieces for a refreshingly refined finish - Chinese White Tea (56%), Apple Pieces (15%), Chinese Green Tea, Lemongrass, Elderflower (4%), Orange Blossom (4%), Hibiscus, Rosehip, Orange Peel (0.5%)

#### **Oolong/Lapsang Souchong**

A combination of smoky tea leaves and warming spices, licked by flames of safflower & sprinkled with crushed chilli for a hint of fiery charm - Taiwanese Oolong, Chinese Lapsang Souchong Black Tea, Cinnamon, Orange Peel, Safflower Petals, Chilli Seeds

#### **Green Tea**

From the Yunnan, China. Beautifully clear in liquor, subtle sweet flavour and remarkable depth, this elegant tea will help bring clarity to any situation.

#### Jasmine Dawn

A delicate and alluring blend of jasmine, vanilla and rose that will seduce the senses - Chinese Jasmine Green Tea, Chinese Green Tea, Rose Petals, Ashwaganda, Cumin Seeds, Calendula Petals, Sunflower Petals

Peppermint - Herbal Infusion

Packed full of invigorating menthol character, this uplifting blend brings together a selection of the freshest tasting herbs, for a brilliantly bracing combination

 Peppermint (45%), Spearmint (30%), Eucalyptus, Pine Needles

#### Chamomile - Herbal Infusion

Unwind with this warm and comforting infusion, full of herbs carefully chosen for their ability to relax the body and soothe the mind – Rose Hips, Chamomile, (30%), Lemon Verbena, Lime Leaves, Lavender.

### Vanilla Chai

Bold & fiery chai spices are perfectly tempered by smooth vanilla in this wellcrafted combination - Sri Lankan Black Tea (56%), Ginger, Cinnamon, Cardamom, Cloves, Orange Flowers, Vanilla Pieces



# **TRADITIONAL AFTERNOON TEA**

£39.00 per person

Selection of Sandwiches:

Smoked Salmon, cream cheese, cucumber, dill (F, G, D)

**Cheese Savoury,** spring onion, chive mayonnaise (G, D, V)

Honey-glazed Ham, wholegrain mustard cream (G, D, SD, MU)

Apple and Black Pudding Sausage Roll, brown sauce (G, D, N, S, E)

Home-made Fruit Scones, clotted cream, strawberry garnish (G, D, V, N, E) Passionfruit and White Chocolate Pavlova (E, D, N)

Victoria Sponge, raspberry jam, buttercream (G, D, V, E)

**Chocolate,** clementine, sorrel (G, D, S, V, E)

Choux Bun, salted caramel mousse, hazelnut crumb (G, D, V, N, E)

Served with a tea of your choice (see selection opposite)

**CHAMPAGNE AFTERNOON TEA** 

To include a glass of:

Sylvoz Prosecco, Le Colture, Brut - £45.00 person Champagne Bernard Remy, Carte Blanche - £50.00 per person Champagne Bernard Remy, Brut Rosé – £53.00 per person

Additional servings of tea, clotted cream or jam are complimentary. A discretionary 12.5% service charge will be added to your final account.

Afternoon Tea is freshly prepared to be enjoyed with-in Middlethorpe Hall and Gardens. For your good health and well-being we do not recommend for food to be taken away and consumed later in your own home.